AN UNHEALTHY BODY WEIGHT MAY PREVENT YOU FROM HAVING CHILDREN.

Twelve percent of all infertility cases are a result of either weighing too little or too much. Infertility is a disease affecting 6.1 million people in the United States. Behaviors you engage in before you are ready to have children can impact your future ability to conceive. Low body weight and obesity can cause infertility.

GET THE FACTS

AMERICAN SOCIETY FOR REPRODUCTIVE MEDICINE